

Highlander Folkstyle Wrestling Club

Winter/Spring 2008

This club is made up of people who enjoy the sport of wrestling and wish to further their skill level. In addition to developing top-notch wrestlers, we seek to develop the skills of novice wrestlers. The club is under USA Wrestling.

- Confidence
- Self-Esteem
- Listening and Learning Skills
- Improved Grades

- Improved Concentration
- Leadership Skills
- Self Defense Skills
- Physical Fitness
- Atmosphere for Learning

Where? The club will meet at **Floyd Central High School**, in the upstairs of the auxiliary gym.

When? **Tuesdays** and **Thursdays** from **6:00-7:30** beginning on **January 15^h** and continuing until **March 6th**. No practices will take place over holidays or when kids are not in school.

How much will it cost? \$60.00

The Coach:

Terry Spine: Terry has been the **Georgetown Coach** for that last few years and has been an avid supporter of the program. His son was a 2 time state place-winner. He has many years experience coaching today's youth.

Who can I call for information?

Rob Willman: Head Wrestling Coach at Floyd Central.
Home: 923-0804 School: 923-8811 (ext. 3099)